



# *St. Gabriel the Archangel Catholic Church*

88 EAST SADDLE RIVER ROAD  
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## **PARISH STAFF**

Rev. Msgr. Frank G. Del Prete  
**Pastor, ext. 303**

Rev. Msgr. Peter Smutelovic  
In Residence

Rev. Martin Rooney  
Weekend Assistant

Maureen Straut  
Office Administrator, ext. 301

Luis Alfredo Lozano, Pastoral Assoc.  
Christine Ferreri, PT Pastoral Assoc.

Stacie Yao, Director of Music  
Janue Vargas, Asst Dir of Music

John Glynn, Youth Minister

## **RELIGIOUS EDUCATION**

Patricia Pula, M.A.R.E.  
Director, ext. 304

Safe Environment Coordinator

## **PARISH SCHOOL**

St. John's Academy, Hillsdale



Weekdays: 9:00 AM (including Saturday) — (Summer)

Monday and Friday: 9:00 AM

Tuesday, Wednesday and Thursday: 6:30AM and 9:00 AM — (Winter)

Saturday Evening: 5:00 PM

Sundays: 8:00 AM, 10:00 AM, 11:30 AM and 6:00PM (Sept. - May)

Holy Days: Please see bulletin for schedule

## **PENANCE:**

Saturday: 4:00-5:00 PM. At the Parish anytime by appointment. Communal Celebration of Penance periodically throughout the year.

## **BAPTISMS:**

Our parish family rejoices in the birth of your children. To prepare for baptism, parents are expected to attend one preparation meeting. Please call the parish office for the schedule of preparation meetings and Baptism celebration.

## **MARRIAGES:**

Our parish is honored to host your marriage celebration. In order to accomplish all of the necessary preparations, arrangements should be made with one of the priests at least one year in advance. Pre-Cana and God's Plan for a Joy-Filled Marriage classes can be arranged through the Family Life Office of the Archdiocese of Newark at [www.rcan.org](http://www.rcan.org).

## **MINISTRY TO THE SICK:**

For those of advanced age or seriously ill, Holy Communion will be brought to the home of any person permanently or temporarily homebound. Please contact the parish office.

## **PARISH MEMBERSHIP:**

Please register at the parish office. This is a wise way of acquiring a sense of belonging to our Parish Community.

## From the Pastor

There is a brevity, a certain terseness, in the scripture readings for Easter Sunday. Peter's speech in Acts is built of direct, pointed sentences. Paul's letters are based on straightforward creed-like statements. Even the Gospel story only briefly recounts what will turn out to be one of the most remarkable events in human history - the resurrection of Jesus from the dead. Advertising agents call these encapsulated points of information "bullet points." Scripture scholars call them *kerygmata*, or "kernels" of our faith. Actually, "kernels" or "seeds" are good terms for these statements, since throughout the Easter season, we will hear in the Acts of the Apostles, the Letters of Paul, and the Gospel accounts of the days following the Resurrection exactly how these *kerygmata* began to flower, how they continued to grow through the life of the early church. May these Easter "seeds" of faith serve a similar purpose for us, too, so that the life of the Risen Christ will flourish in us and through our witness in the coming days.

Happy Easter!

Fr. Frank

Let us pray for each other during these most difficult days we are experiencing. I will keep you informed through our email system, Facebook and the parish website of any information I receive from the Archdiocese of Newark.

### **THE PRAYER OF POPE FRANCIS DURING THE CORONAVIRUS PANDEMIC**

At the foot of the Cross you participated in Jesus' pain, with steadfast faith. You, Salvation of the Roman People, know what we need. We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen. We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas - we who are put to the test - and deliver us from every danger, O glorious and blessed Virgin.

### **COMMUNION PRAYER**

The following is a Communion prayer that can be said when not being able to receive the Eucharist. This is from Bishop Barron's televised mass from "Word on Fire."

My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.

### **MEMORIAL OPPORTUNITIES**

The parish recently purchased an altar cloth and a priest stole to use for our parish celebrations. If you are interested in memorializing one of these items in memory of a loved one, and would like more information, please contact Fr. Frank.

### **OUR PARISH COMMUNITY PRAYS FOR:**

#### **Our sick and homebound:**

Daniel Castillo  
Dawn Conguisti  
Margaret Cucciniello  
James Jack D'Agostino  
Ada Fields  
Meg Gallagher  
Grace Gilbert  
Bill Hamilton  
Lauren Harpster Hines  
Bob Kleinknecht  
Joan Snow  
Nicole Trotta

### **WHY DO CATHOLICS CELEBRATE EASTER ON DIFFERENT DATES?**

Although celebrating Easter on a different day every year isn't strictly a Catholic practice, the reason why we do this has its roots in the Church's history. There was a dispute in the second century about the date of Easter: should it be celebrated on the exact date or on the nearest Sunday? At the Council of Nicaea (325 A.D.), it was decided that Easter Sunday would be celebrated the Sunday after the first full moon after the Vernal (Spring) equinox.

### **ST CATHERINE OF SIENA**

Born in Siena, Italy, St. Catherine was a doctor of the Church. A mystic from a young age, she had regular conversations with Jesus. At age sixteen, she joined the Third Order of St. Dominic and served the sick and the poor. For her reputation for holiness and wisdom, she was called on to be a peacemaker and counselor, even by popes! She is credited with coaxing Pope Gregory XI back to Rome from Avignon, France.

### **HELP YOUR PARISH DURING THIS CRISIS**

As of this 3/31 we have \$4,075 pledged to the GoFundMe page the Archdiocese of Newark has asked each parish to set up. If you would like to contribute this way, please visit our parish GoFundMe page:

<https://charity.gofundme.com/o/en/campaign/st-gabriels-saddle-river-nj>

The GoFundMe page is in addition to the offerings we receive on Faith Direct and the weekly envelopes. If you have not signed up for Faith Direct and would like to do so, please go to [www.faithdirect.net](http://www.faithdirect.net). There you can register for an online account by using our parish code **NJ361**.

I am so grateful for your prayers and generosity during this most difficult time. Let us continue to pray for each another!

Fr. Frank

### **FINANCIAL REPORT**

The amount of the collection for April 5 was \$11,377.04. Thank you for your continued generosity to St. Gabriel's. God bless you and your family

# EASTER SUNDAY OF THE RESURRECTION OF THE LORD

## HOW CAN I FIT MORE PRAYER INTO MY DAY



“Pray constantly” sounds challenging but it doesn't have to be. Actually, busy days offer many great opportunities for prayer if we know where to look.

Consider these suggestions:

**Pray throughout the day.** Consider praying the Rosary on the way to work, saying grace before lunch, offering a quick “I love you,” or praying for guidance for important decisions. Even job-related tasks can become “prayers in action.”

**Fifteen minutes a day.** Good friends know text messages can't replace being together. It's the same with God. He loves us and wants our company. Aim for 10-15 minutes of daily prayer. Thank God for your blessings, meditate on Scripture, offer him your day, or simply enjoy his company.

**It's the love that counts.** For her love and humility, Jesus commended a poor but generous widow for her small donation. (Mark 12:43-44). Sometimes, we have little time or energy for “good prayer.” Remember, what pleases God is not the elegance or number of our prayers but the love with which we offer them.

## WHAT IS A MONSTRANCE?



In practicing or learning Catholicism, one can find some funny sounding words. “Monstrance” is one of them. It's an upright container for the Blessed Sacrament (a consecrated Host), usually made of gold or silver and often shaped like a sunburst.

The rays are meant to evoke the power and grace radiating from the Host. They also draw the eye to the window (luna) at the center where the Host is. By means of it, Christ and the viewers can literally be face to face.

The monstrance is used to display the Blessed Sacrament for Adoration. Adoration of the Eucharist outside of Mass developed to satisfy the devotion of the faithful. When you love someone deeply, you want to see him - in person - and spend time with him frequently. God doesn't just want to hear our prayers; he wants to be with us always. (Matthews 28:20). Jesus longs for us to visit him in our churches. He remains in the Blessed sacrament so that anyone who seeks him can find him.

## HOT MEALS IN HACKENSACK



As you know St. Gabriel's was scheduled to serve a hot meal in Hackensack on Saturday March 21. That was canceled but we recognize that the need is still there and could be greater than ever. Our Hot Meal program is part of Family Promise of Bergen County whose mission is to help the homeless. So many of you care deeply about those at greatest risk and may wish to make a contribution. That may be done by sending a check made out to Family Promise of Bergen County with a notation for the Walk-In Dinner Program. It can be mailed to

Family Promise of Bergen County  
100 Dayton Street  
Ridgewood, NJ 07450  
Thank you

## 2020 LENTEN REGULATIONS



1) The days of both Fast and Abstinence during lent are Ash Wednesday and Good Friday. If possible, the fast on Good Friday is continued until the Easter Vigil as the paschal fast to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of Abstinence. On a day of Fast,

only one full meal is permitted and two smaller meals which if added together would not exceed the main meal in quantity. Those between the ages of 18 and 59 are obliged to fast. On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence. .

2) The obligation to observe the laws of Fast and Abstinence “substantially” or as a whole is a serious obligation.

3) The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.

4) The time for fulfilling the Paschal Precept (Easter Duty\*) extends from the First Sunday of Lent, March 1, 2020, to the Solemnity of the Most Holy Trinity, June 7, 2020.

\*Canon 920,1. All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion a least once a year.

## REPORTING SEXUAL ABUSE



The Archdiocese requires us and all parishes to provide the following information to the general public. We do so here as a sign of our commitment to the safety of our children. In every activity of St. Gabriel's Parish, parents are encouraged to participate. Every

employee and volunteer has passed a background check. Mrs. Patricia Pula serves as our Safe Environment Coordinator. The Archdiocese takes very seriously any and all allegations of sexual misconduct by members of the clergy, Religious and lay staff of the Archdiocese. We encourage anyone with knowledge of an act of sexual misconduct to inform us immediately so that we may take appropriate action to protect others and provide support to victims of sexual abuse. Individuals who wish to report an allegation of sexual misconduct may do so by calling the Archdiocesan Office of Child and Youth Protection at (201) 407-3256.

St. Gabriel's continues to collect Box Tops for St. Michael's School in Newark. The Box Top program is one of the nation's largest school fundraising loyalty programs and has been helping schools succeed since 1996. With over 250 participating products, it's an easy way for schools to earn cash for the things they need. Each Box Tops coupon is worth 10¢ and they add up fast! The coupons are on products we buy at our local supermarkets everyday. St. Michael's will be able to use the Box Tops cash to buy whatever they need most, from books to supplies and other school programs. So please look for these coupons on your groceries and start to clip. There is a collection box display in the lobby of the church. As always, thank you for your support of St.



## THE WOMEN AT THE EMPTY TOMB

“Do not be afraid! I know that you are seeking Jesus the crucified. He is not here, for he has been raised just as he said.” Mt 28:5-6

*APRIL 12, 2020*

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**SUNDAY, April 12, 2020**

10:00 AM For the People of the Parish

**MONDAY, April 13, 2020**

9:00 AM Frank Del Prete Jr.

**TUESDAY, April 14, 2020**

6:30 AM Mary Rose Yorio  
Living Intention

9:00 AM Pat Halliwell

**WEDNESDAY, April 15, 2020**

6:30 AM Pat Halliwell

9:00 AM Pat Halliwell

**THURSDAY, April 16, 2020**

6:30 AM For the People of  
the Parish

9:00 AM Dorothy Scior

**FRIDAY, April 17, 2020**

9:00 AM Bill Jergensen

**SATURDAY, April 18, 2020**

9:00 AM Kashton Alfred Rodriguez

5:00 PM Barbara Lee Murray

**SUNDAY, April 19, 2020**

8:00 AM Martin Meany

10:00 AM Sandy Fragleasso

11:30 AM Tommy FitzPatrick

6:00 PM Special Intention



The Sanctuary Lamp at the Blessed Sacrament and the Altar Bread and Wine consecrated during the week are available as memorials for loved ones. Please contact the parish office at 201-337-5663